

# LEARN/IMPROVE SKATING COURSE



**LOCATION:** Retro Skating Academy, Futers Building, The Conge, Great Yarmouth, NR30 1PJ

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Futers Building, The Conge, Great Yarmouth, NR30 1PJ  
Please note there is limited car parking on site.



## ONE WAY ONLY!

The venue will operate a one-way system, enter at the front door of the building (Double red doors) and exit/collection from the side door (left of the red double doors, along the side of the building).

Please ensure you maintain a safe distance from other skaters and parents/carers when you are queuing.

## HAND SANITISER, TEMP CHECK & MASKS

Everyone aged 11+ is to wear a mask to enter the building, where your & your skaters' temperature will be checked on entry. Anyone with a temperature of 37.8 or above will be refused entry and advised to self-isolate and get a covid test. Skaters can remove their masks for training and then wear it upon leaving. Parents/carers of skaters in primary school or younger can stay if they wish, you must keep their masks on throughout session. If you arrive without a mask on, one will be offered, or you will be refused permission to enter the building. Every person will be asked to sanitise their hands upon entry and upon leaving. There are sanitiser points at both of the doors to ensure this happens and at various points around the building. Due to number restrictions, we are unable to offer a place for parents of skaters aged 11+ / in high school on our 4-week course.

## YOUR SKATER'S AREA INSIDE THE VENUE

Once inside the venue and after they have sanitised their hands, they will be directed to an area which has been sectioned for each skater in the session. The area will contain a chair and they will be able to keep all of their belongings in this area e.g. Water bottle, skate bags etc. This is where they will put on their skates, as parent/carer you are welcomed to sit on this seat once the skater is in their lesson if staying. **ONLY ONE PARENT/CARER MAY ENTER** per skater inc sibling skaters.

## TOILETS

We encourage everyone to use their own toilet before they arrive. Toilets are available if urgent but please be aware this will be one at a time. After washing your hands, you must then sanitise at the stations provided before you enter the rink.

## NO CONTACT / SOCIAL DISTANCING

Social distancing must be seriously adhered to, no hugging, shaking hands, no touching. Coaches must limit hand to hand contact with skaters but will help where possible. There must be no contact between skaters – if you see a skater fall, please do not offer out your hand to help them up. If they need assistance shout over to your coach and they will come over.

## TRACK & TRACE

The Federation of Artistic Roller Skating hosts it's own track and trace system, details provided on your booking form will be submitted to them and held for 21 days. If the parent/carer attending is different to the one on the booking form please let us have their details in advance.

## SKATE HIRE

Skates have been sanitised in advance of your lesson. Please note hired skates must remain at the venue and **SOCKS MUST BE WORN**. Hire skates must be booked in advance, sizes are limited and offered depending on availability.

## RISK ASSESSMENT

A full and thorough risk assessment has been conducted and is available electronically should anyone wish to view this. All above guidelines are in line with our risk assessment.

## Dear Skater & Parent/Carer

If you are unable to adhere to this guidance, it will result in your skater being unable to attend.